





## Guardian and Turning Point Are Teaming Up at Musikfest!

Guardian has been a proud supporter of Turning Point of Lehigh Valley through financial support and the generosity of donating in-kind items through the amazing employees in their Bethlehem office. This year, Guardian is the main sponsor of Zinzenplatz, the Musikfest stage recently renamed after Countess Benigna von Zinzendorf. With Benigna's key leadership role in the early history of Bethlehem and the Moravian community, they are using her story to advance the theme of female empowerment and highlighting their commitment to help end domestic violence So, save the date! August 7th from 5-9pm Turning Point will join Guardian at their booth at Musikfest and use this opportunity to bring attention to the work that we do with domestic violence survivors. We would love to see you stop by and show your support.





# Thursday Empowerment Group Healing Art & Music Program

2<sup>nd</sup> Thursday of Each Month | Lehigh County 6:00-7:30 PM



Join us for this monthly program led by ArtsQuestTeaching Artists

#### February, April, July, September, November – Adult Workshop with Artist Mallory Zondag

Come and experience a variety of hands of artforms that allow for a freeform meditative experience. Have you ever made fabric using just wool, warm water and soap? Or created a painting just by pouring paint and tilting the canvas? There are many forms of art that can be more about the act of making and the enjoyment of the process. Those are the forms we will focus on. Not a drop of experience or artistic know how is necessary to experience the fun and joy of creating tactile and abstract art.

#### March, May, June, August, October, December – Recreational Music Group for Children with Board Certified Music Therapist Hilari Stahler

Creating and listening to music in not only fun, it can be an excellent way to socialize, learn new skills, and express yourself! In this session designed for children ages 5-10 years old, a Board Certified Music Therapist will guide the group to create an atmosphere that is fun and allows for safe expression. In addition to improvisation, and song writing, the group members will have basic instruction in ukulele, guitar, voice, piano, and percussion. No previous music experience is required and all experiences and lessons will be structured for short-term success for children of all abilities!

For more information, please call 610-437-3369 or visit www.turningpointly.org



Mallory Zondag



Hilari Stahler



Turning Point would like to thank Two Rivers Health & Wellness Foundation and their president, Paul Brunswick, for their support of this program. We couldn't do it without



### Go Shopping, Do Some Good!

Turning Point of Lehigh Valley has partnered with Boscov's for their Friends Helping Friends day in October. Everyone who purchases a \$5 Friends Helping Friends pass from Turning Point receives a 25% discount shopping pass for purchases made on Wednesday, October 16, 2019, at all Boscov's locations. This pass also makes you eligible to win fabulous prizes including \$500 shopping sprees and more! 100% of the proceeds from the sales of the passes goes directly to Turning Point to help domestic violence survivors.

More details about how to get your shopping pass in next month's issue.

#### A Heartwarming Story of Faith & Generosity

By Michele Salomon, Ann Friedenheim, Rachel Cubellis and Alyssa Emswiler

The evening of May 10th was extremely meaningful for the four of us who celebrated our B'not Mitzvah at Congregation Keneseth Israel in Allentown, PA. This night culminated our yearlong Adult Hebrew experience were we studied Hebrew, learned to chant Torah, engaged in spiritual conversations and accomplished our mitzvah project. Our mitzvah project, to raise funds for the Turning Point of Lehigh Valley safe house shelter, was a great success. Our generous community, friends and family supported us to exceed our goal. We not only raised enough money to buy the much needed commercial refrigerator, but also raised enough funds to stock the refrigerator several times over. We never dreamed we would raise over \$3,800.00! From the bottom of our hearts, thank

you to our KI community, friends and family for their generosity. We are so pleased that we were able to support Turning Point. The B'not Mitzvah was a wonderful event and we know our journey will continue to explore and express our Judaism.

