Turning Point of Lehigh Valle

# FEBRUARY 2022 TURNING POINTS

News and Updates from Turning Point of Lehigh Valley



# **International Women's Day: Break the Bias**

Whether deliberate or unconscious, bias makes it difficult for women to move ahead. Knowing that bias exists isn't enough, action is needed to level the playing field. "Break the Bias" is the theme for International Women's Day 2022, which is being observed on Tuesday, March 8, 2022.

- Imagine a gender equal world.
- A world free of bias, stereotypes, and discrimination.
- A world that is diverse, equitable, and inclusive.
- A world where difference is valued and celebrated.

Together we can forge women's equality. Collectively we can all #BreakTheBias. Individually, we're all responsible for our own thoughts and actions – all day, every day.

- We can break the bias in our communities.
- We can break the bias in our workplaces.
- We can break the bias in our schools, colleges and universities

Are you in? Will you actively call out gender bias, discrimination and stereotyping each time you see it? Together, we can all break the bias - on International Women's Day (IWD) and beyond.

Cross your arms to show solidarity. Strike the IWD 2022 pose and share your #BreakTheBias image on our social media using #IWD2022 #BreakTheBias to encourage people to commit to help forge an inclusive world. The Women's History Month theme for March 2022 is "Providing Healing, Promoting Hope." This theme recognizes the many ways in which women have provided healing and hope to humanity for countless generations.



Turning Point's Outreach Team showing solidarity by striking the International Women's Day 2022 pose. #IWD2022 #BreakTheBias



24/7 HELPLINE 610-437-3369





# **Meet Turning Point's Outreach Team**

Why do you enjoy working on the Outreach Team?



In my current role as Community Outreach Director, I will continue to cultivate the relationships made from when I started here two years ago as the Medical Advocate as well as form new partnerships across our community. I firmly believe that by working together with community partners, we can best serve all survivors of domestic and intimate partner abuse by making sure that available services and resources are accessible to all survivors.

Meredith Mexa Community Outreach Director

Outreach is the best position in which I can reach out to the members of my community and educate them on domestic and intimate partner abuse, provide resources for survivors, and motivate others to spread awareness on this issue.



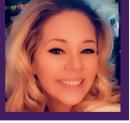
alleyn Nurez itreach Educator Advocate



Getting to educate the community through the Outreach Educator position is fulfilling, and feels important every time I get to walk away knowing I left someone with more information than before.

lorian Spece Outreach Educator

Working in Outreach and specifically working in the Medical Advocacy position to me is the foundation to change. Being able to educate individuals on what domestic and intimate partner abuse is, can open eyes to see new perspectives and truths. You can't change what you don't know. This is one of many building blocks to creating systematic change that helps survivors of abuse everywhere.



Melissa Grimmer , Aedical Advocate



To learn more about what we've been up to, visit www.turningpointlv.org



MARCH IS BRAIN INJURY **AWARENESS MONTH** 

#### **#MORETHANMYBRAININJURY**

"Brain injury professionals inevitably come into contact with domestic violence survivors. Causing traumatic brain injury (TBI) as a tactic of abuse has been significantly overlooked, putting people at risk for problems right away – and potentially in the long-term."

- BRAIN INJURY **ASSOCIATION OF AMERICA** 

**READ MORE ABOUT** DOMESTIC VIOLENCE AS A

**Working Together** 

Promoting

**Awareness Month** 

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**Brain Injury** 





#### **MARCH 2022 VIRTUAL DROP IN SESSION TRAININGS**

#MyTurningPointLV

#MoreThanMy BrainInjury

## **MEDICAL PROFESSIONALS**

#### **Traumatic Brain Injury and Domestic & Intimate Partner Abuse**

March 1st - 11:00am-12:00pm March 10th - 5:00pm-6:00pm March 24th - 10:00am-11:00am

#### Domestic & Intimate Partner Abuse: Recognize, Respond, Refer March 31st - 5:00pm-6:00pm

#### Domestic & Intimate Partner Abuse & the Impact on Children

March 7th - 1:00pm-2:00pm March 16th - 2:00pm-3:00pm

#### **Domestic & Intimate Partner Abuse in Pregnancy**

March 22nd - 5:00pm-6:00pm

## **Domestic & Intimate Partner Abuse in the LGBTQ+ Communities**

March 15th - 10:00am-11:00am March 29th - 9:00am-10:00am

## **TEENS AND ADULTS**

# Netflix series, "Maid" Discussion Group

March 13th - 7:00pm-8:00pm March 27th - 7:00pm-8:00pm

#### **Defining Healthy Boundaries**

March 9th - 3:00pm-4:00pm March 15th - 6:30pm-7:30pm

# FAITH BASED ORGANIZATIONS

# Recognizing, Responding, and Referring Domestic & Intimate Partner Abuse

March 7th - 7:00pm-8:00pm March 14th - 11:00am-12:00pm March 22nd - 3:30pm-4:30pm March 23rd - 7:00pm-8:00pm

# STYLISTS, BARBERS, AND SALON PROFESSIONALS

#### "Cut it Out" Domestic & Intimate Partner Abuse Response

March 1st - 1:00pm-2:00pm March 9th - 5:00pm-6:00pm

# Questions? Contact Meredith Mecca at MeredithM@turningpointlv.org f oin

Register today via **Eventbrite** or bit.ly/TPLVEventbrite

24/7 Helpline (610) 437-3369





# **Community Partners Spotlight**

Turning Point of Lehigh Valley recently received two generous grants this past month.





We are pleased and very humbled to have been given a generous grant in the amount of \$75,000 from The Davis & Smith Family Foundation. This grant will help to advance our mission to eliminate domestic and intimate partner abuse in the Lehigh Valley through empowerment, education, and engagement as well as assist in our efforts to provide safe and confidential emergency shelter for survivors and their families.

We also received a \$10,000 grant from The TJX Foundation through its T.J. Maxx Regional Grants Program. These funds will also help to advance our mission and work in the Lehigh Valley.

Thank you, The Davis & Smith Family Foundation and The TJX Foundation for your support of survivors and for your help in moving the movement to eliminate domestic and intimate partner abuse forward!



Thank you so much to Gwen McCurdy, Janice Catona, George Pry, and Fonda Pry for delivering over \$1,200 of donations on behalf of Sisters in Sweats. We were thrilled that they received a Thrivent grant to donate these much needed items!

They showed up with three vehicles filled with much needed food, clothing, and household goods for our Safe House clients. #thrivent #livegenerously



We need clear plastic bins to help organize and store our donations. <u>http://bit.ly/tplv</u>

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# Save the Date:

You don't want to miss our Second Annual Virtual Spring Auction

Opening on: Sunday, March 6, 2022 at 8:00am

Preview the auction items, the auction catalog, and register to bid by <u>clicking here.</u>

<u>A very special</u> thank you to our Premier Sponsors for making this auction possible!





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# thank you

# Thank You to All of Our Donors Who Paid It Forward in February

LISA ADERHOLD AMERICAN BANK ANONYMOUS CHERYL ARNDT ASBURY UNITED METHODIST CHURCH **MICHELLE BARBIERI** JULIANA BOLIVAR DR. GARY BONFANTE SHERRY BROADHEAD MICHELLE CAROL **JANICE CATONA CHARLES SCHWAB CHARITABLE** GAIL COLES **COLLEGE HILL DENTAL GROUP COMMUNITY BIKE WORKS DEIRDRE CONNORS JACQUE COOPER CYAN SKY COPIER TECHNOLOGIES** DOMACI HOME **ADRIENNE DONICA** KIM AND GEORGE GODFREY MICHELLE GRAUPNER **GREATER LEHIGH VALLEY REALTORS KATHY GRIFFITHS MYKESHA GUIDER GUSTO RESTAURANT & HOSPITALITY GROUP ZULEIKA HALDEMAN HORIZON CHURCH** DONNA IORIO HARRY AND DIANE IRVIN **MELISSA KEISER** MARLENE LAKEY JORDAN LAMBERT **JANE AND BILL MARKSON** MCCALL COLLECTIVE BREWING, LLC **MERCANTILE HOME JENNIFER MOORE KEVIN MORAN** LAURYN NEELY

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# If you would like to make a difference, donate, or learn about other ways to give back, please visit or scan the QR code:

www.turningpointlv.org/get-involved/ways-to-give/





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New Path Forward Pr

# NOW ACCEPTING APPLICATIONS FOR SUMMER 2022 LIMITED AMOUNT OF SPACES AVAILABLE!

# Equi-librium provides healing through interaction with horses.

Adults and child survivors of domestic and intimate partner abuse will experience the opportunity to gain self-confidence and increase self-esteem.

**Transportation is now available for this program.** Must be able to attend the entire 8-week program (1 session per week).

> Interested in attending? Contact: Miriam Rivera 610-797-0530, ext. 305 miriamr@turningpointlv.org

Our mission is to eliminate domestic and intimate partner abuse in the Lehigh Valley through empowerment, education, and engagement.



www.turningpointlv.org

