



## NEW YEAR SELF CARE DRIVE

Your donation of self-care items empowers survivors to prioritize their well-being as they rebuild their lives.

### New Items Needed:

#### FOR CHILDREN

- Stuffed animals and comfort toys
- Children's books about feelings
- Sensory toys and fidgets
- Child-friendly bath products

#### FOR TEENS

- Age-appropriate journals and art supplies
- Headphones and phone accessories
- Self-care books for teens
- Body care products designed for teens

#### FOR ADULTS

- Journals and pens
- Adult coloring books and colored pencils
- Comfortable clothing

### Gift Cards Are Also Welcome

Gift cards empower survivors to make their own choices and select items that best meet their unique needs.

- **TARGET, WALMART, OR KOHL'S**
- **GROCERY STORES (GIANT, WEIS, WEGMANS)**
- **HOME GOODS STORES**
- **VISA/MASTERCARD GIFT CARDS (MAXIMUM FLEXIBILITY)**

**DEADLINE:**  
**February 28th**

**FAST FACT:** Turning Point serves over 3,700 annually.

A: 444 E. Susquehanna St. Allentown PA 18103 P: (610) 797-0530

**Driven by  
Choice.**  
DEFINED BY IMPACT.